



Holy Land

PILGRIMAGE

THE HEIGHTS SCHOOL
Crescite Week

February 24 – March 4, 2023
jmjtours.com/heights

DEPARTURE: FRI, 24 FEB 2023

FLIGHT 1:
AUSTRIAN AIR FLIGHT OS 94

Departs: FRI FEB 24
Washington, Dulles 6:00 PM
Arrives: SAT FEB 25
Vienna, Austria 8:40 AM

FLIGHT 2:
AUSTRIAN AIR FLIGHT OS 857

Departs: SAT FEB 25
Vienna, Austria 10:25 AM
Arrives: SAT FEB 25
Tel Aviv, Israel 2:55 PM

RETURN: SAT, MARCH 4, 2023

FLIGHT 1:
LUFTHANSA FLIGHT LH 695

Departs: SAT MAR 4
Tel Aviv 7:55 AM
Arrives: SAT MAR 4
Frankfurt, Germany 11:35 AM

FLIGHT 2:
LUFTHANSA FLIGHT OS 418

Departs: SAT MAR 4
Frankfurt, Germany 12:55 PM
Arrives: SAT MAR 4
Washington, Dulles 3:55 PM

PILGRIMAGE ITINERARY

MEALS- All meals included. (B) Breakfast, (L) lunch and (D) dinner.
Note: we will also be visiting the Saxum Center at some point TBA.

Day 1 - SATURDAY, Feb 25 (In Israel) TEL AVIV-NAZARETH

Arrive in Tel Aviv 2:55 PM / Austrian Air 857 from Vienna

Just before Passport Control, be greeted by SMILE ASSISTANCE, then our guide Hussam and driver Drive north along the Mediterranean Seacoast to Nazareth.

Father will celebrate Holy Mass after we check into our hotel. Dinner. (TBA, possible Rosary procession, Basilica of the Annunciation / St. Joseph Church).

MASS: Chapel at the Sisters of Nazareth | **MEALS:** D | **OVERNIGHT:** Sisters of Nazareth

Day 2 - SUNDAY, Feb 26 NAZARETH-MT TABOR-CANA-NAZARETH

After breakfast. Walk across the street to the **Church of the Annunciation** to visit the Grotto where Mary 'heard The Word' and the upper parish church. After, visit the museum built over the village of Nazareth and learn about the many churches that have been built over the House of Mary. Stop at Joseph's Carpenter Shop. Walk through the town where Jesus grew up. Continue up to the Synagogue Church to read scripture and pray before walking to **Mary's Well** in the Greek Orthodox Church. Enjoy lunch.

In the afternoon drive to **Mount Tabor**. Transfer to taxis (Included) drive up to visit Antonio Barlucci's magnificent church. **Holy Mass 3:00 PM**. Here Jesus revealed His Glory in the Transfiguration.

Returning to Nazareth, (en route) visit to Wedding Church in Cana. Continue to Nazareth for dinner and overnight. After dinner, experience praying the Rosary in the Grotto

MASS: 2:00 PM Mount Tabor Basilica | **MEALS:** BLD | **OVERNIGHT:** Sisters of Nazareth

DAY 3 - MONDAY, Feb 27 NAZARETH – SEA OF GALILEE – NAZARETH

8:00 AM Holy Mass-Sanctuary of Annunciation / Upper Basilica. After breakfast. Depart for the **Sea of Galilee** to visit Tabgha where Our Lord fed the 5,000 men with 2 loaves and 5 fishes. Continue to **The Primacy** where he asks Peter, "Do you love me?" (Confessions available) Next, travel to the **Mount of Beatitudes** where Jesus is believed to have delivered the Sermon on the Mount.

Stop to enjoy the Lunch of Saint Peter's fish (there's other choices if you don't care for fish).

In the afternoon, we will enjoy a boat ride on the Sea of Galilee. While on the boat there will be a short few minute, silent meditation. In the evening, transfer back to Nazareth, dinner and overnight in our hotel.

***SPECIAL VISIT TO THE EXCAVATIONS UNDER THE SISTERS OF NAZARETH TIME: TBA

MASS: 8:00 AM Basilica Grotto Annunciation | **MEALS:** BLD | **OVERNIGHT:** Sisters of Nazareth



Day 4 - TUESDAY, Feb 28 NAZARETH - CAESAREA MARITIME - BETHLEHEM - JERUSALEM

After breakfast, drive to the Mediterranean Seacoast to visit **Caesarea Maritime** and visit of the ancient city, with the Roman theater and Crusader's fortress. Continue to the **City of Bethlehem**, the **oldest Christian church in the world**, built over the place where Our Lord was born, Church of the Nativity. followed by Lunch at the Franciscan Casa Nova

Afternoon. **Holy Mass at Nativity/ Bethlehem**. Time to shop in one of the Catholic stores before to continue to Jerusalem. Check in to our hotel in Jerusalem Old City, Franciscan Casa Nova. Dinner and overnight

MASS: 04:00 PM Grotto of St Joseph | **MEALS:** BLD | **OVERNIGHT:** Jerusalem, Melkites Catholic Patriarcate Guesthouse

Day 5 - WEDNESDAY, March 1 JERUSALEM - JERICHO - QUMRAN - DEAD SEA - JERUSALEM

AM HOLY MASS (TBA) in the **Desert of Wadi Kelt**. Drive South to the Judean Desert. Stop at the Jordan River, where Father will renew our Baptismal promises. Enter Palestine, and visit the **old city of Jericho**. See the **Mount of Temptations** and the excavations of the oldest city in the world. Stop at the Sycamore tree. Lunch. Transfer to the **Dead Sea**, and visit the excavation of Qumran, where the **Dead Sea Scrolls** were found. Enjoy **floating in the Dead Sea** (optional) the very lowest and saltiest waters of the world. Return to Jerusalem.

Dinner and overnight

MASS: Desert of Wadi Kelt (TBA, Subject to change) | **MEALS:** BLD | **OVERNIGHT:** Jerusalem, Melkites Catholic Patriarcate Guesthouse

Day 6 - THURSDAY, March 2 JERUSALEM: OLD CITY - ST PETER IN GALLICANTU - MOUNT OF OLIVES

6:30 AM HOLY MASS, TOMB OF CHRIST. Visit the Holy Sepulchre

Depart Old City, visit the Western Wall and Temple Mount. We pass the closed Golden Gate as we leave and enter the Crusader church of St. Ann's and the Pools of Bethesda. Leave the city by St. Stephen's Gate. Continue to **St. Peter in Gallicantu** where our Lord was held by the high priest when he was arrested. After Lunch. We'll drive up on the **Mount of Olives** and walk down from the place of the **Ascension** to the Carmelite Convent where we remember Jesus teaching the Our Father. Continue down to **Dominus Flevit** where "He wept over the city". Moving on to the **Garden of Gethsemane**. Back to Hotel Jerusalem. Depart by bus the Bethlehem and enjoy a Middle East Feast Farewell dinner. Overnight

MASS: 3:00PM – Basilica of Gethsemane / Agony Main Altar | **MEALS:** BLD | **OVERNIGHT:** Jerusalem, Melkites Catholic Patriarcate Guesthouse

Day 7 - FRIDAY, March 3 JERUSALEM: OLD CITY - MOUNT SION

7:15 AM HOLY MASS, CALVARY. **Holy Sepulchre**.

Breakfast. Pray and walk the **Via Dolorosa**, (the actual Stations of the Cross) carrying a cross up through the Old City to the Church of the Holy Sepulchre. Stop on Calvary, and have an opportunity to enter the Tomb. Lunch. Continue to Visit Mount Sion Sanctuary of Cenacle and Dormition of Mary. Return to hotel. Dinner. Special Holy Hour overlooking the Holy City of Jerusalem.

MASS: 7:15AM – **HOLY SEPULCRE – CRUCIFIXION / CALVARY**

9:00 PM – **HOLY HOUR** Franciscan Chapel Cave. Garden of Gethsemane overlooking the Holy City |

MEALS: BLD **OVERNIGHT:** Jerusalem, Melkites Catholic Patriarcate Guesthouse

Day 8 - SATURDAY, March 4 JERUSALEM – TEL-AVIV (EARLY AM DEPARTURE)

3:45 AM Coffee/ Juice and breakfast cake before departure to Tel Aviv for our flights home.

Departure from Israel

MARCH 4 Tel Aviv (TLV) 07:55AM LUFTHANSA Flight# 695 via Frankfurt

Arrive: Dulles MARCH 4 @ 3:55PM

NOTE:

Please keep your Passport safe. Should you have questions at anytime, please do not hesitate to let Hussam (Guide) know.



FLIGHT INFORMATION

FLIGHT ITINERARY FEBRUARY 24 - MARCH 4, 2023

GROUP E-TICKET (Main Group)

Airline RES# LLASRZ Res Code: NCB8ET (OS)(LH)

MEET HEIGHTS GROUP

FRIDAY, 24 FEB, TIME: 3:15 PM

Washington, Dulles Airport

Location: **in front of Austrian Air Counter**

DEPARTURE: FRIDAY, 24 FEB 2018



FLIGHT 1: AUSTRIAN AIR FLIGHT OS 94

Duration: 8hr(s) 40min(s)

Departs: **FRI FEBRUARY 24** from Washington, Dulles 6:00 PM

Arrives: **SAT FEBRUARY 25** Vienna, Austria 8:40 AM



FLIGHT 2: AUSTRIAN AIR FLIGHT OS 857

Duration: 3hr(s) 30min(s)

Departs: **SAT FEB 25** Vienna, Austria **10:25 AM**

Arrives: **SAT FEB 25** Tel Aviv, Israel **2:55 PM**

RETURN: SUNDAY, MARCH 4, 2023



FLIGHT 1: LUFTHANSA FLIGHT LH 695

Duration: 4hr(s) 0min(s)

Departs: **SAT MARCH 4** Tel Aviv, Israel **7:55 AM**

Arrives: **SAT MARCH 4** Frankfurt, Germany **11:35 AM**



FLIGHT 2: LUFTHANSA FLIGHT LH 418

Duration: 10hr(s) 20min(s)

Departs: **SAT MARCH 4** Frankfurt, Germany **12:55 AM**

Arrives: **SAT MARCH 4** Washington, Dulles **3:55 PM**



LODGING IN ISRAEL

Nazareth (3 Nights)

Religious of Nazareth Guest House

(Sister's of Nazareth Convent)
Casa Nova Street - Nazareth
(in front of Basilica of Annunciation)
Nazareth, Israel

Phone from US: add 011 +972 4 655 43 04

Jerusalem (4 Nights)

Greek Melkite Catholic Patriarchate Jerusalem Guest House

P.O. Box 14130
Jaffa Gate
9114101 Jerusalem

Phone from US: add 011 +972 2628 2023 OR +972 2627 1969

Email: reservation@gcpfoyer.com

Web: gcpfoyer.com/contact-us/

U.S. Consulate General / American Citizen Services

14 David Flusser
Jerusalem
Israel 9378322.

In Israel Phone: 02-630-4000

Phone from US: add 011 + 97 2-2-630 4000

Emergency

For emergencies outside of normal business hours, call the Consulate General's primary number at 02-622-7230. The office responding to this emergency number cannot assist with questions regarding passport renewals, consular reports of birth, or other routine consular matters.



Pre-Trip Checklist & Suggested Items

Heights School | Holy Land / Israel / Feb 24 - Mar 4, 2023

Luggage: You should limit your luggage to:

- 1 Main Sturdy Suitcase** preferably on wheels
(2nd checked bag is \$100)
Weight: Up to 50 lb
(over weight charge at least \$150)

1 Carry-on Standard Article

- Size:** 22X 16 X 9 inches
- Weight:** Up to 18 lb
- Examples:**
Small suitcase (including wheels), backpack

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- Proof of U.S. Citizenship:**
U.S. Passport required must have at least 6 months remaining before expiration.
 - Photocopies or scan as PDF of your passport,** phone numbers to your credit card companies, calling cards, etc. (in case of loss or theft), prescriptions, important USA personal telephone numbers, etc. (keep with you on trip)
 - Travel alarm clock; small calculator or currency converter
 - General trip info papers / Bible/ Travel Guide, optional (Eyewitness Guide book)
 - Back-up ID -- driver's license (keep separate from passport)
 - Clothing** according to **WEATHER** (Day-60's / Night 40's); Multi purpose jacket with inside zippered pocket for evening to secure money, passport, etc. Comfortable walking shoes, Layered, easy care, loose fitting, conservative clothing. **Bathing suit for Dead Sea. In churches Men-Long pants.**
 - Credit Card(s) Master Card, Visa.
Advise your bank dates you will be in Israel.
Most shops accept digital chip in cards please bring if you have.
 - ATM Card** (fees apply).
Advise your bank you will be in Israel.
Pocket Cash (US Cash/ Money).
\$1 and \$5 bills for small souvenirs.
Spending Money for drinks/snacks
 - Calling card & Access numbers to call the USA from Europe. (If you still use)
(* CALL your Calling card provider for this info)
Cell phone: contact carrier.
 - Medicines** (An ample supply of prescription medications (copy of prescription if possible; a small supply of your personal choice in over the counter medicines such as Advil, cold remedies)
 - One change or partial change of clothing** and small supply of personal items **in your carry on bag** in case of luggage problem.
 - Misc.** Washcloth, Camera, extra data cards, small lock for suitcase, mini first aid kit etc.
 - TRAVEL** Electric Adapters for use in converting electric plugs to European outlets. Make sure your appliance will work dual voltage. **Current is 220v. Need European round plug adapter. Hair dryer-in your room (Jerusalem) Available at front desk (Nazareth). PLEASE SEE LINK ON OUR WEBSITE FOR MORE DETAILED INFORMATION ON THIS TOPIC.**

Personal Items:
