



Catholic France Sept 23 - Oct 3, 2026

FLIGHT ITINERARY

Group E-Tickets (Main Group Only)
EHQLJL, FVPHBO, FRTGZQ



Thank you for choosing JMJ tours

Valid passport required for all travel outside the U.S.

Passport should be valid at least 6 months from last date of itinerary.

All non-us passport holders please inquire as to visa requirements.

All U.S. Passport holders please inquire if a visa is required for travel outside the U.S.

MEET PILGRIMAGE GROUP

WEDNESDAY, SEPTEMBER 23, TIME: 6:30 PM

Location: Dulles Airport (IAD), **in front of Air France check-in counter.**

DEPARTURE: WEDNESDAY, SEPTEMBER 23, 2026

FLIGHT AF0053	Departs: WED, SEPT 23	Cabin: Economy	Checked Baggage:
	Washington, Dulles Airport (IAD)	Duration: 7:30	Adult, 1x23kg (50lbs)
	9:45 PM	Meal: Refreshment, Meals	Cabin Baggage:
	Arrives: THU, SEPT 24	Distance (in Miles): 3861	Adult, 1x8kg (18lbs)
	Paris, Charles-de-Gaulle	Aircraft: Airbus A359 JET	
	11:15 AM		

RETURN (Connecting through Lyon): SATURDAY, OCTOBER 3, 2026

FLIGHT 1 AF7367	Departs: SAT, OCT 3	Cabin: Economy	Checked Baggage:
	Lyon, Orly Airport (ORY)	Duration: 1:10	Adult, 1x23kg (50lbs)
	2:40 PM	Meal: Refreshment	Cabin Baggage:
	Arrives: SAT, OCT 3	Distance (in Miles): 256	Adult, 1x8kg (18lbs)
	Paris, Charles-de-Gaulle	Aircraft: Airbus A320 JET	
	3:50 PM		
FLIGHT 2 AF0052	Departs: SAT, OCT 3	Cabin: Economy	Checked Baggage:
	Paris, Charles-de-Gaulle	Duration: 8:35	Adult, 1x23kg (50lbs)
	5:00 PM	Meal: Refreshment	Cabin Baggage:
	Arrives: SAT, OCT 3	Distance (in Miles): 3861	Adult, 1x8kg (18lbs)
	Washington, Dulles Airport	Aircraft: Airbus A359 JET	
	7:35 PM		



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HOTEL / LODGING CONTACT INFORMATION

Important note concerning Dialing from the USA

When calling the hotel from the USA, please inform relatives or friends that the "+" sign in front of the hotel phone numbers below indicates they should dial 011 first.

SEPTEMBER 24 - 25, 2026 (1 night)

Mercure Rouen Centre Cathedrale ★★★★★

7 Rue Croix de Fer
76000 Rouen, France

Phone: + 33 2 35 52 69 52

Discover the historic charm of Rouen at the Mercure Rouen Centre Cathédrale, ideally located in the heart of the old town, just steps from the magnificent Notre-Dame Cathedral. The hotel offers comfortable, thoughtfully appointed rooms and a warm, inviting atmosphere. Its central location makes it an ideal starting point for exploring Rouen's medieval streets, the famous Gros-Horloge, and the city's rich cultural heritage.

SEPTEMBER 25 - 27, 2026 (2 nights)

Mercure Granville Le Grand Large ★★★★★

5 Rue de la Falaise
50400 Granville, France

Phone: + 33 2 33 91 19 19

Enjoy a refreshing seaside stay at the Mercure Granville Le Grand Large, beautifully situated overlooking the English Channel. Bright, comfortable rooms and panoramic sea views create a peaceful setting in which to relax and unwind. Guests can enjoy free Wi-Fi, a fitness room, a sauna, and a lovely breakfast terrace overlooking the water. The hotel's coastal location also provides convenient access to Granville's beaches and historic town center.

SEPTEMBER 27 - 29, 2026 (2 nights)

Voco Paris Montparnasse By IHG ★★★★★

79/81 Avenue du Maine
75014 Paris, France

Phone: + 33 1 43 20 13 93

Experience contemporary Parisian comfort at voco Paris Montparnasse, conveniently located near the lively Montparnasse district and its many cafés, restaurants, and cultural attractions. The hotel features stylish, comfortable rooms designed for a restful stay, along with free Wi-Fi and a welcoming garden terrace. With convenient public transportation nearby, guests can easily discover the celebrated landmarks and charming neighborhoods of Paris.

SEPTEMBER 29 - 30, 2026 (1 night)

Keystone Hotel & Spa Lyon ★★★★★

17 Rue Casimir Périer
69002 Lyon, France

Phone: + 33 4 85 92 00 55

Discover modern comfort and relaxation at the Keystone Hotel & Spa, located in Lyon's vibrant Confluence district, between the Rhône and Saône rivers. The hotel offers stylish, thoughtfully designed rooms and a warm, contemporary atmosphere. Guests can unwind in the wellness area, enjoy the fitness facilities, or explore the nearby shops, restaurants, and cultural attractions. Its convenient location also provides easy access to historic central Lyon.

SEPTEMBER 30 - OCTOBER 3, 2026 (3 nights)

Sanctuaire Notre Dame de La Salette

11459 Route du Sanctuaire
38970 La Salette, France

Phone: + 33 4 76 30 00 1

Experience peace and spiritual renewal at the Sanctuaire Notre-Dame de La Salette, nestled high in the French Alps amid breathtaking mountain scenery. Located within the sanctuary itself, the accommodations offer simple, comfortable rooms and a serene atmosphere especially suited to pilgrims. Guests can enjoy traditional meals on-site while taking time for prayer, reflection, and fellowship in one of France's most inspiring Marian sanctuaries.

**U.S. Consulate
Lyon, France** 1 Quai Jules Courmont
69002 Lyon, France
+ 33 1 43 12 48 60

**U.S. Embassy
Paris, France** 2 Avenue Gabriel
75008 Paris, France
+ 33 1 43 12 22 22



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PRE-TRIP & PACKING CHECKLIST

Use this checklist as a practical guide while preparing for your pilgrimage. You will visit Normandy, Paris, Lyon and the mountain Sanctuary of Our Lady of La Salette. Pack lightly and prepare for changing temperatures, rain and regular walking.

BEFORE YOU LEAVE

Travel documents

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| <ul style="list-style-type: none"> ☐ Passport
Bring a valid U.S. passport. JMJ Tours recommends that it remain valid for at least six months beyond your planned departure from the Schengen Area. ☐ Paper Copy of your passport
And Email yourself a copy of the identification page separate from the original. ☐ Additional photo identification
Bring a driver's license or another photo ID and keep it separate from your passport. | <ul style="list-style-type: none"> ☐ JMJ Tours documents
Bring your Final Confirmation, itinerary or trip booklet, luggage tags and pilgrim badge. ☐ Airline and hotel information
Keep important flight and accommodation details readily accessible on your phone or on paper. ☐ Important contact information
Carry the telephone numbers for JMJ Tours, your travel insurer, credit-card issuers, physician or pharmacy and emergency contacts. |
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Money

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| <ul style="list-style-type: none"> ☐ Credit and debit cards
Confirm that your cards can be used internationally. Ask your bank about foreign transaction and ATM fees. ☐ Gratuities
Review the separate JMJ Tours Tip Summary Guide included with your Final Travel Documents. | <ul style="list-style-type: none"> ☐ Euros
(best to get from the ATM Machine or the Bank in France)
We suggest a modest amount (as you go) for small purchases, offerings, gratuities and places that may not accept cards. U.S. dollars should not be relied upon in France. |
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Phones & Electronics

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| <ul style="list-style-type: none"> ☐ International phone service
Contact your wireless carrier to confirm roaming, calling and data options for France. ☐ Important information downloaded
Save your itinerary, confirmations, contact information and other essential documents so they can be accessed without an internet connection. | <ul style="list-style-type: none"> ☐ Mobile Passport Control (MPC App) — optional
Eligible U.S. travelers may wish to install the official CBP Mobile Passport Control app (MPC App) before departure for their return through Washington Dulles. Available for all smart phones. ☐ European plug adapter
France uses Type E outlets and 220–230V electricity. Most phones, tablets and laptop chargers accept both voltages, but check each device before departure. |
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YOUR CARRY-ON

Keep essential items with you

Bring a small carry-on or backpack containing anything you cannot afford to lose or may need during the flight.

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| ☐ Passport and additional identification | ☐ Phone and charging cable |
| ☐ JMJ Tours travel documents (Booklet you receive at the airport) | ☐ Portable battery pack |
| ☐ Wallet, money and credit cards | ☐ Important contact information |
| ☐ Prescription medications | ☐ Travel-insurance information |
| ☐ Prescription copies or medication list | ☐ Eyeglasses, hearing aids or other essential personal items |

Important: Never place your passport, medications, money, credit cards, phone or other valuables in your checked suitcase.

Before Packing

- ☐ **Check the weather forecasts** for Normandy, Paris, Lyon and La Salette.
Conditions at La Salette can change quickly because of its mountain elevation.

In case your suitcase is delayed

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| ☐ One change or partial change of clothing | ☐ Basic toiletries that meet airline security requirements |
| ☐ Undergarments and socks | ☐ Any medical or personal necessities needed during the first 24 hours |

Day Bag

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| ☐ Lightweight backpack or zippered cross-body bag | ☐ Sweater or fleece |
| ☐ Reusable water bottle | ☐ Tissues and hand sanitizer |
| ☐ Compact umbrella or lightweight rain jacket | ☐ Prayer booklet or devotional items |

A zippered cross-body bag, money belt or inside jacket pocket can help keep your passport and wallet secure in crowded areas.

Cabin baggage

Bring a small carry-on or backpack for medications, valuables, travel documents and one change of clothing.

- ☐ 1 small personal item, with a combined cabin-baggage weight limit of 26.4 lb / 12 kg.
Pack as lightly as possible; you will be moving through airports, hotels and the TGV.



YOUR SUITCASE

Luggage

Attach your JMJ luggage tag (you receive at the airport)

JMJ Tours asks each pilgrim to bring no more than one sturdy checked suitcase, preferably on wheels.

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| ☐ Maximum recommended weight: 50 lb / 23 kg | ☐ Attach your JMJ Tours luggage tag |
| ☐ Choose a suitcase you can comfortably manage yourself | ☐ Consider using a small luggage lock |

Packing lightly is especially important because the pilgrimage includes several hotel changes and TGV travel between Paris and Lyon.

Clothing

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| ☐ Easy-care clothing that can be layered | ☐ Warm waterproof jacket | ☐ Light hat, gloves and scarf for La Salette |
| ☐ Long pants or similarly modest clothing | ☐ Lightweight rain jacket or compact umbrella | ☐ Sleepwear and undergarments |
| ☐ Sweater or fleece | ☐ Warm socks | |

Clothing for La Salette

The Sanctuary of Our Lady of La Salette is located at approximately 5,900 ft / 1,800 m in the French Alps. It may be considerably colder than Paris or Normandy, particularly during morning and evening prayer or processions.

Attire for churches

Please dress respectfully for Mass, shrines and churches. Shoulders should be covered, and overly revealing clothing should be avoided.

Footwear

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| ☐ Shoes with good traction for wet or uneven surfaces | ☐ Comfortable, broken-in walking shoes | ☐ Blister-care supplies |
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The pilgrimage includes regular walking and standing. Historic streets, Mont-Saint-Michel, Normandy sites and La Salette may involve inclines, steps, cobblestones and uneven or wet surfaces.

Health & Personal Care

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| ☐ Enough prescription medication for the entire pilgrimage | ☐ Copies of any prescription in case medication is lost | ☐ Stomach or cold remedies | ☐ Sunscreen and sunglasses |
| ☐ A few additional days of medication, if possible | ☐ Pain reliever and personal over-the-counter medicines | ☐ Bandages and blister care | ☐ Personal toiletries |
| | | ☐ Small first-aid kit | ☐ Small washcloth |

European medications and formulations may differ from those sold in the United States, so bring the products you normally use.

Useful Extras

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| ☐ Reusable water bottle | ☐ Charging cables and adapters | ☐ Tissues and hand sanitizer |
| ☐ Camera or smartphone | ☐ Earplugs | ☐ Devotional items |

Final Reminders

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| ☐ Meals: Breakfast is included daily, along with nine dinners or lunches. Budget for meals that are not included. | ☐ Security: Keep valuables close to you and use normal precautions in airports, stations and crowded tourist areas. | ☐ Final luggage check: Make sure you can comfortably lift and manage everything you are bringing. |
| ☐ Hydration: Drink water regularly, particularly on travel days and while at the higher elevation of La Salette. | ☐ Weather: Recheck the forecasts shortly before departure and adjust your clothing if necessary. | |

Pack lightly, travel comfortably and prepare your heart for a memorable pilgrimage.



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CUSTOMARY MINIMUM TIP SUMMARY (€ Euros preferred)

(Not included in the cost of the pilgrimage)

MAIN TOUR ESCORT AND BUS DRIVERS

How are the cash tips for collected and presented to the Bus Drivers and Main Tour Escort?

We will pass around a separate envelope for the Bus Drivers and the Main Tour Escort at the end of their service for our group. We will then present the envelope as a thank you from the group.

- **Main Tour Escort in France (Sept 24-Oct 3, 2026)**

Our main Tour Escort is based in France and will meet us in Paris. The Escort will assist us each day during our entire itinerary from Sept 24-Oct 3, 2026 until we depart from Paris home.

Euros €10 per person/per day x 10 Days suggested or more if you wish = Euros €100 per person

Total per person Main Tour Escort suggested = Euros €100.00

- **Bus Driver # 1 (Sept 24-29)**

Our first bus driver will be with us from Sept 24-29. 6 Days. Euros €5 per person/per day x 6 Days suggested or more if you wish = Euros €30 per person

Total per person Bus Driver #1 suggested = Euros €30.00

- **Bus Driver # 2 (Sept 29-Oct 3)**

Our second bus driver will be with us from Sept 29-Oct 3.

5 Days @ Euros €5 per person/per day suggested or more if you wish = Euros €25 per person

Total per person Bus Driver #2 suggested = Euros €25.00

SUMMARY

Total suggested per person for the Main Tour Escort and Bus Drivers = Euros €155

LOCAL GUIDES (4)

It is customary if you enjoyed the Local Tour Guide to **simply hand the guide the tip yourself as you offer your thanks for their completed tour.** (Local guides will give us short tours, usually 2-3 hours per our itinerary)

Local Tour Guides: Euros €3.00 per person suggested more if you wish

HOUSEKEEPING AT HOTELS

While tipping the housekeeping staff is not mandatory, many pilgrims choose to show their appreciation for the service provided. If you would like to leave a tip for the housekeeping staff upon checkout in your room, a suggested amount is Euros **€1.50 per day for chambermaids.**

MEALS INCLUDED IN YOUR ITINERARY

Tips for meals are included in your package. However, if you feel the service was exceptional and wish to leave an additional tip as a kind gesture the recommended amount would be Euro **€1-€3** or rounding up.

